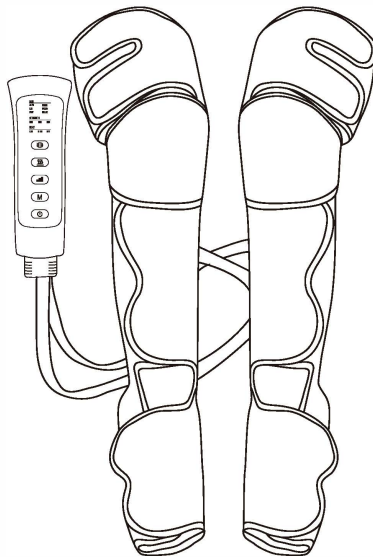




LEG COMPRESSION



Instruction Manual

Model: FE-7208

AFTER SALES SUPPORT

  0800 422 274

Contents	1	Safety Warnings	2
		INTRODUCTION	
Safety Notice -----	02	Thank you for purchasing this Air Compression Leg Massager.	
Contraindications-----	03	The leg compression massager is intended for the temporary relief of minor muscle aches and pains and for the temporary increase in circulation to the treated foot/calf and thigh in people who are in good health.	
Safety Precaution-----	04	The air compression leg massager simulates kneading and pressing of muscle tissue by using air compression.	
Product Structure-----	05	This product is for massage and comfort purposes and is not intended for medical purposes.	
Product Specification-----	06	This Instruction manual is intended to provide you with guidelines to ensure that operation of this product is safe and does not pose risk to the user. Any use that does not conform to the guidelines described may void the limited warranty.	
Usage Method -----	07	Please read all directions carefully before using the product and keep the instruction and the massager in a safe place. We are not responsible for product damage caused by improper operation or use. Please see warranty for details.	
Maintenance: Clean and Storage-----	09		
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		Precautions to Ensure Safe, Reliable Operation  1. Do not drop the unit, take care handling. 2. Do not insert foreign objects into any openings. 3. Do not attempt to disassemble the unit. 4. Do not crush the pressured massager 5. Do not store the unit in direct sunlight, high humidity or dust. 6. To avoid any possibility of accidental strangulation, keep this unit away from children and do not drape tubing around your neck. 7. Ensure that children do not play the unit unsupervised; some parts may be swallowed. 8. Do not use the device near strong electrical or electromagnetic fields generated by cell phones or other devices, they may cause interference or become interference source to the device. 9. Any modification to the unit shall not be allowed. 10. The product (air compression leg massager) is for adult use only.	

Contraindications  3	Safety Precaution  4																						
Contraindications Air Compression leg massager is not intended for use if any of the following medical conditions exist. Consult with a physician whenever there is doubt whether it is clinically safe to use. • Presumptive evidence of congestive heart failure where increase in blood returned to the heart could be detrimental • Pre-existing deep vein thrombosis (DVT) or blood clots • Existing hemorrhagic disease or coagulation problems • Thrombophlebitis • Pulmonary embolism This product should not be utilised in individuals with edema, ischemic vascular disease, or severe peripheral neuropathy. <table border="1" data-bbox="120 691 516 1361"> <thead> <tr> <th colspan="2">WARNING SIGNS AND SYMBOLS USED</th></tr> </thead> <tbody> <tr> <td></td><td>Keep Dry</td></tr> <tr> <td></td><td>Keep out of Sunlight</td></tr> <tr> <td></td><td>Type BF Equipment</td></tr> <tr> <td></td><td>Instructions For Use Must be Consulted</td></tr> <tr> <td></td><td>Discard the used product to the recycling collection point according to local regulations.</td></tr> <tr> <td></td><td>Date of manufacture</td></tr> <tr> <td></td><td>Batch code, indicating the manufacturer's batch code or lot for identification.</td></tr> <tr> <td></td><td>Serial number, indicating the manufacturer's serial number for identification.</td></tr> <tr> <td></td><td>Reference number, indicating the manufacturer's catalogue number for identification.</td></tr> <tr> <td></td><td>Caution, indicating the need for the user to consult the instructions for use for important cautionary information such as warnings and precautions.</td></tr> </tbody> </table>	WARNING SIGNS AND SYMBOLS USED			Keep Dry		Keep out of Sunlight		Type BF Equipment		Instructions For Use Must be Consulted		Discard the used product to the recycling collection point according to local regulations.		Date of manufacture		Batch code, indicating the manufacturer's batch code or lot for identification.		Serial number, indicating the manufacturer's serial number for identification.		Reference number, indicating the manufacturer's catalogue number for identification.		Caution, indicating the need for the user to consult the instructions for use for important cautionary information such as warnings and precautions.	•Do not use voltage beyond the rating of this product •Do not attempt to repair or dismantle the product by yourself or any other third party. •Do not use the product in a place where it may become wet or damp. If the unit becomes wet do not use. •Stop using the product immediately if you feel uncomfortable or any abnormalities occur. •Do not use this product in a high-temperature environment. •Do not place the unit in a place where it may be in contact with flammable items, explosive items, or chemicals. •Do not touch the unit with any sharp object or risk damage. •Do not use this product if any of the below apply to you: -Skin is infected, swollen, burnt or otherwise damaged. The product should be used in healthy skin. Please do not use the device, when cases occurred as follows: -You have a pacemaker or any other medical implant -You are suffering from heart disease. -You are suffering from diabetes. -Your bones are fragile or injured. -You are suffering from cancer. -You are receiving treatment for blood pressure or it is not in normal range. -You are suffering from osteoporosis. -You are currently pregnant or having menstruation. -Children or adolescents who are developing physically. The air pressure hose connected to each leg cover cannot be pulled out. Please do not try to remove these .
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PRODUCT STRUCTURE  Operating Principle Air Compression leg massager consists of an air pump, two solenoid valves, and air compression boots working together as one unit. The air pump is connected to air compression boots via air hoses; each boot has 3 compression chambers. By inflating and deflating the air chambers through the control of working and/or idle of air pump and solenoid valves at a regular pace and different timing, it is to simulate the kneading, stroking foot/calf and thigh. Software controls the timing and the working and/or idle of air pump and solenoid valves, cycling airflow into and out of the boots/ leg covers to compress.		<table><tr><td>Product Name</td><td>Air Compression Leg Massager</td></tr><tr><td>Product Model</td><td>FE-7208</td></tr><tr><td>Power Specifications</td><td>DC12V,2A</td></tr><tr><td>Power</td><td>24 W</td></tr><tr><td>AC Adapter</td><td>100-240VAC,50/60Hz 0.7A</td></tr><tr><td>Pressurization</td><td>Automatic Pressurisation</td></tr><tr><td>Therapy time (Automatic shut-off)</td><td>20 mins</td></tr><tr><td>Recommended Using</td><td>Recommend to use 2 times a day (i.e.40mins in one day)</td></tr><tr><td rowspan="3">Massage Intensity</td><td>Foot: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa</td></tr><tr><td>Calf: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa</td></tr><tr><td>Thigh: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa</td></tr><tr><td>Size of Inflatable air compression boots (Size: ±2cm)</td><td>1) Size: 71.5cm×25cm 2) The feet, calves and thighs which are suitable for the users of : ● Foot width : about 12 cm to about 16 cm. ● Calf diameter: about 16.5 cm to about 24 cm. ● Thigh diameter: about 19 cm to about 33 cm. </td></tr><tr><td>Product Weight</td><td>About 1.25KG</td></tr><tr><td>Size of the control unit (±0.5cm)</td><td>(Length 20cm×Height 5.0cm×Width5.5cm)</td></tr><tr><td rowspan="3">Operating Environment</td><td>Temperature: 5℃ ~ 40℃</td></tr><tr><td>Humidity: 15%~90%RH</td></tr><tr><td>Atmospheric pressure 70kPa-106kPa</td></tr><tr><td rowspan="3">Storage Environment</td><td>Temperature:-25℃~70℃</td></tr><tr><td>Humidity≤93% RH</td></tr><tr><td>Atmospheric pressure 70kPa-106kPa</td></tr><tr><td>Classification:</td><td>Type BF  Air compression boots are the Applied Part.</td></tr><tr><td>Ingress Protection rating:</td><td>IP 22,Indoor Use Only</td></tr></table>		Product Name	Air Compression Leg Massager	Product Model	FE-7208	Power Specifications	DC12V,2A	Power	24 W	AC Adapter	100-240VAC,50/60Hz 0.7A	Pressurization	Automatic Pressurisation	Therapy time (Automatic shut-off)	20 mins	Recommended Using	Recommend to use 2 times a day (i.e.40mins in one day)	Massage Intensity	Foot: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa	Calf: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa	Thigh: Weak:23±2kpa Medium:27±2kpa Strong:31±2kpa	Size of Inflatable air compression boots (Size: ±2cm)	1) Size: 71.5cm×25cm 2) The feet, calves and thighs which are suitable for the users of : ● Foot width : about 12 cm to about 16 cm. ● Calf diameter: about 16.5 cm to about 24 cm. ● Thigh diameter: about 19 cm to about 33 cm.	Product Weight	About 1.25KG	Size of the control unit (±0.5cm)	(Length 20cm×Height 5.0cm×Width5.5cm)	Operating Environment	Temperature: 5℃ ~ 40℃	Humidity: 15%~90%RH	Atmospheric pressure 70kPa-106kPa	Storage Environment	Temperature:-25℃~70℃	Humidity≤93% RH	Atmospheric pressure 70kPa-106kPa	Classification:	Type BF  Air compression boots are the Applied Part.	Ingress Protection rating:	IP 22,Indoor Use Only
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Usage Method

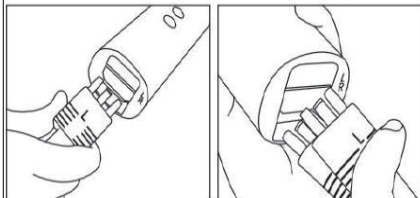
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Check Before Use

- ◆ Check that the fabric is in good condition.
- ◆ Check that it can work properly (i.e. icons of the LCD could be clearly and completely shown as the first picture indicating in Page 8) after powering on, and then select what massaging mode and intensity you prefer. Please particularly check this if it is not used for a long time.
- ◆ There may be signs of use from the boot on the skin. If you are worried about marks from use, please wear stockings or pants before utilising the massager. Please note that the device may leave marks of use on the feet, calves, knees and thighs, which may not immediately fade.

Note: Do not use it on clothes and trousers with zippers or metal objects. It may damage the product.

How to connect the controller with air hose



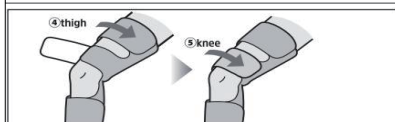
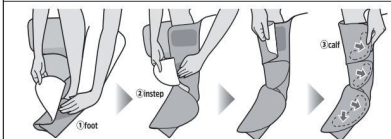
As shown above, insert the words "R" and "L" on the hose into the corresponding "R" and "L" holes in the controller respectively.

Note: Make sure that the words on the hose are facing out so that the "L" is facing up, and the "R" is facing down. Air pressure cannot be produced if the device is not in this configuration.

Wearing Order

1) Put the foot into the massager, start from the foot, fix the foot first, and then stick the velcro to the calf-thigh-knee in sequence, as shown below.

There are two velcos on the calf.



2) There are 2 velcos on the thigh, which can be adjusted according to the individual's leg circumference.

3) It is easier to attach the knee velcro strap following adjusting the velcro straps on the foot, calf, and thigh.

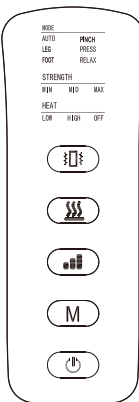
Note:

- It is easier to install if you sit on a chair.
- When installing, please be careful not to let velcro stick to the clothes or stockings, especially the sweater, so as not to damage your clothes.
- After ensuring you have donned the boots and the velcro straps are secured to the boots, turn on the device and enjoy the massage.

Usage Method

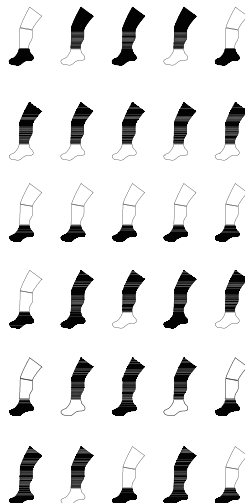
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Ready to start using



Power Button Press and hold this button for 2 seconds to turn on the device, product auto working with: Auto mode/mid intensities/high heat/vibration working. Press a vibration time, holding for 2 seconds to switch off the device.

M Button Press mode button to cycle through modes. The sequence is as follows:



Strength adjust Refer to Strength adjust. With Min/Mid/Max

Heat adjust Refer to Heat adjust. With LOW/HIGH/OFF

Vibration working Refer to vibration working. White light with model 1 vibration. Green light with model 2 vibration. Blue light with model 3 vibration.

Note 1: the product has a status memory function: the device will remember the current working mode status (air pressure, heating, vibration mode and gear) after re-starting the machine. It will be default to the previous settings.

Note 2:

When using the device, please ensure you are sitting or lying down to avoid risk of falling, and to relax and enjoy the massage



Maintenance: Clean and Storage 9

Never use thinner, benzine or alcohol (which may cause malfunction, parts broken or discoloration, etc) to clean

Avoid dropping, slamming, or throwing the massager

Do not expose unit directly under sunshine.



Wet the cloth and wring it out

If you are worried about dust, please use a neutral detergent suitable to be used in the kitchen, dilute to 5% with warm or clean water, and then damp a soft cloth to clean it .

Clean

Make sure to turn off the power and unplug the hose. Wipe the inside and outside of the leg massager and remember not to wipe with large force.



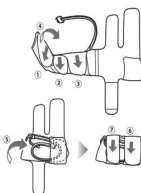
Note:

- ◆ If rubbish or hair is caught in the velcro, remove it with a toothpick etc.
- ◆ Do not insert foreign objects into the outlet of the hose plug.
- ◆ Never immerse the product in water

Storage

Stick the velcro on the feet, ankles and calves to the corresponding positions at 1、 2、 3, and fold the foot part inward 4.

Fold the ankle and calf 5, round the connecting hose and then fix it with a belt fastener 6、 7.



Safekeeping

Place in a dried and cool location and avoid direct



1) Keep out of the reach of children.

2) Do not store other objects on the surface of the controller or massager to avoid damaging the device's surface and to avoid discoloration of the product.



Maintenance: Common Problems 10

A. Under what circumstances should I not use it?

Answer:

During pregnancy or immediately after birth delivery.

Patients with severe blood circulation disorders cannot be used under the above circumstance.

In addition, if you have a fever or any abnormality in your body, be sure to consult a doctor before use.

B. How many times can I use a day?

Answer:

The massager will automatically shut down after 20 minutes of continuous use. We do not recommend that you use a massager for more than 40 minutes in a day. Prolonged use will over-stimulate muscles and nerves and may have adverse effects.

C. Can it be used for other parts than feet, calves, knees and thighs?

Answer:

It is only for feet, calves, knees and thighs. Use in other parts may cause accident or injury.

D. What size feet, calves and thighs of users are suitable for?

Answer:

- Foot width : about 12 cm to about 16 cm.
- Calf diameter: about 16.5 cm to about 24 cm.

E. The strength is too strong or too weak.

Answer:

The elasticity can be adjusted by the velcro wrap. When the velcro is loosely wound, the overall use strength and pressure will be relatively weakened. Otherwise, the overall intensity and pressure will be relatively strengthened.

F. The air in the massager hose can not exhaust.

Answer:

If a lot of air remains in the airbag, it may take some time to exhaust. Unplug the hose and wait for a while for the air to escape naturally.

G. The following sounds will be heard. Is it abnormal?

① Velcro sound is crisp

This is the sound of the Velcro slightly opening on the massager (that is the sound of the Velcro being pulled when the air enters the airbag).

② Buzzing sound

This is the sound produced by the mode effect.

These are normal which is caused by the product design of the massager .

Note: .

- ◆ Expected service life: Approximately two years at 2 uses per day.
- ◆ Do not service or perform maintenance on the device while it is in use. Maintenance should only be performed by service personnel. Service and maintenance of your device may require repair, parts, and technical support. As noted in the beginning of the user manual, users should contact the manufacturer or the representative of the manufacturer for using or maintaining the product.

Troubleshooting

11 Warranty

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Disposal

The product should not be disposed with other household waste at the end of its life.

To prevent potential harm to the environment or to human health, please separate this product from other types of wastes and recycle it responsibly.

When disposing this type of product, contact your local council for details regarding how this (e-waste) item can be disposed in an environmentally safe recycling center.

Troubleshooting

Before requesting repairs or a replacement, please confirm the following conditions and if errors persist after inspection, please contact customer service.

Symptoms	Check
Could not turn on	Check if the AC adapter is connected
Stop working halfway	1. Whether the plug has disconnected 2. Whether the hose plug is loose Whether the connecting hose is broken
Air does not enter leg cover	Whether the connecting hose is broken
Stress intensity is too weak	1. Are the accessories loose? You can tightly wind the Velcro properly. 2. Do you wear thick stockings or pants?
Stress intensity is too strong	Is the attachment too tight? You can relax the Velcro appropriately.
Air can not be exhausted	Remove the accessory and pull out the hose plug to re-install.

living & co.



Warranty

We pride ourselves on producing a range of quality home appliances that are both packed with features, and completely reliable.

We are so confident in our products, we pack them up with a 1 year warranty. Now you too can relax knowing that you are covered.

Customer Helpline NZ: 0800 422 274

This product is covered by a 1 year warranty when Accompanied by proof of purchase.

IM Version 1.0 – August, 2025