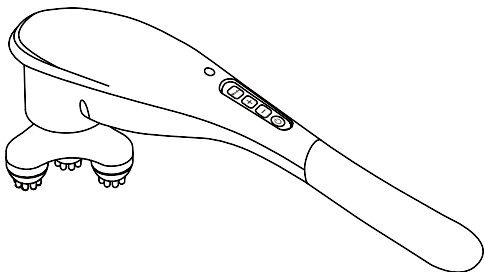


# living & co.

## Cordless Handheld Massager



## User Manual Model: CL-1128

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AFTER SALES SUPPORT

☎ NZ 0800 422 274

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## Introduction

Thank you for purchasing the Living & Co Cordless Handheld Massager. Please read this user manual carefully and keep it in a safe place for future reference.

## Included

- 1 X Handheld Massager
- 1 X User Manual
- 3 X Interchangeable Attachments
- 1 X Charger

## Product Specifications

Model	CL-1128
Name	Cordless handheld massager
Power Input	DC 9V
Power Consumption	9W
Default run time	20 minutes
Li-ion Battery	1800 mAh
Charging Time	2.5 hours
Usable Time	1.5 hours

## Warnings and Safety Instructions:

- For your safety and to avoid any property damage, please read this manual carefully and use as indicated. Misuse may cause serious injuries or death and or property damage. Do not use this Massager in any way other than the intended usage stated in the manual.

### General safety warnings

- Only use the charger provided with this massager at the time of purchase.
- Unspecified charger or adapter use may cause overheating, explosion, electric shock or fire.
- For your safety, only use the accessories and attachments provided with this massager at the time of purchase.
- DO NOT use the product while driving a vehicle.
- DO NOT use the massager with wet hands.
- DO NOT insert any object into the charger input socket. This may cause damage to the product or electric shock.
- Keep the product away from heating appliances such as oven, microwave, hot cooking utensils, high pressure cooker. This may cause a degradation of the batteries and/or product malfunction.
- DO NOT apply heavy objects or excessive force to the product.
- DO NOT disassemble the product and/or batteries. This may cause product malfunction, electric shock or fire.
- DO NOT USE in the bath, shower, Spa Pool etc.

## General safety warnings continued

- This appliance is not intended to be used by children or by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge.
- Keep product out of reach of children or pets.
- The recommended ambient temperature for use of this product is between 5 °C and 35 °C. Use common sense when using or storing the Massager, leaving in overly hot places (such as inside a parked car on hot day or a window ledge with direct sun) may cause malfunction or overheating to batteries.
- DO NOT drop, apply excessive force or heavy weight over the Massager. This may cause malfunction and/or damage.
- DO NOT take apart, modify or change the parts. This may cause personal injury or fire risk.
- DO NOT use the product for other than for the intended use as stated in the manual as this could result in personal damage.
- DO NOT keep or use the product in areas where temperature changes drastically or where humidity is high. This may cause damage to electrical circuits and batteries.
- If the product is not in use for an extended duration, charge the unit once every month. If the batteries remain discharged too long this may degrade the life cycle and performance of product.
- This product is intended for consumer home use, not for Commercial use.
- Never leave the massager unattended while operating or charging.
- Do not immerse in water or allow water to enter the charging socket.

## Considerations before use:

- General list of medical conditions that you should avoid using the massager for:

- 1) Sensitive skin, swollen or inflamed areas, in the presence of poor circulation, where skin eruptions are present, or in the presence of unexplained calf or abdominal pain.

- 2) Varicose veins

- 3) The throat area

- 4) Genital area

- 5) Unconscious or sleeping person

- 6) Frostbite

- 7) Irritable skin condition

- 8) Deep vein thrombosis

- 9) Recent burn

- 10) Recent surgery

- 11) Acute conditions requiring first aid or medical attention

- 12) Severe unstable hypertension.

- 13) Acute flare-up of inflammatory conditions such as rheumatoid arthritis.

- DO NOT use during pregnancy. Pregnant women should consult their health provider before using a massage tool.

- If you have a pre-existing medical condition including implants or pacemakers, consult with your physician prior to use.

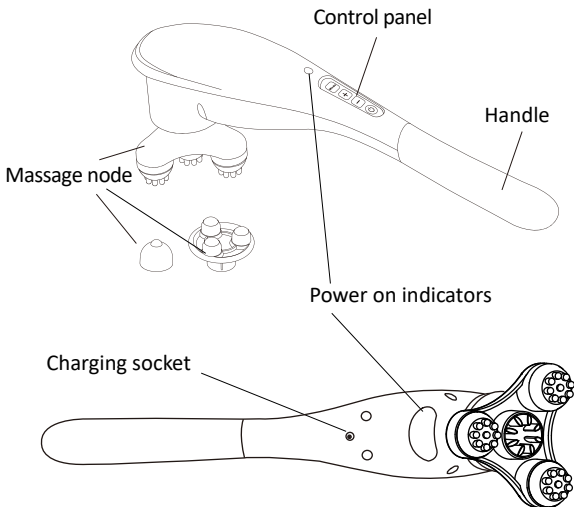
- DO NOT use if you have blood clotting or are subject to blood clotting.

- Avoid use if you have bleeding disorders, low blood platelet counts and by people taking blood-thinning medications such as Warfarin. Consult with a physician prior to use.

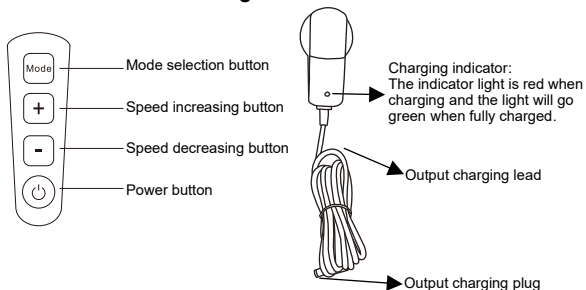
## Considerations before use (continued):

- DO NOT use on areas of the body with blood clots, fractures, open or healing wounds, skin infections, weakened bones (such as from osteoporosis or cancer) or where there has been a recent surgery.
- Any direct pressure over a tumor usually is discouraged. Cancer patients should discuss any concerns about massage therapy with their oncologist.
- The massager does not constitute medical treatment and is not a substitute for a medical examination or diagnosis. If you are dealing with a serious health condition check with your health care provider before using. Operational instructional warnings:
  - Keep fingers, hair or any other body part away from the shaft and backside of the applicator as pinching may occur.
  - Use only on a dry surface of the body over clothing by lightly pressing and moving across the body for approximately 60 seconds per region.
  - Use the massager only on the body's soft tissue as desired, stop use immediately if you feel pain or discomfort. Do not use on the head or any hard or bony area of the body.
  - Bruising can occur regardless of control setting or pressure applied. Check the treated areas frequently and immediately stop at first sign of pain or discomfort.
  - The massager is intended for external application to body parts only.

## PRODUCT OVERVIEW



## Controller & Power Charger

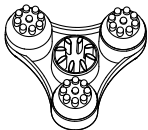




## Massage Nodes

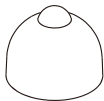
Select the desired massage node based on your intended application.

### Tri-head – multi finger:



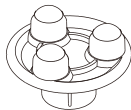
Suitable for stimulating larger massage areas such as legs, waist, back, buttocks, etc.

### Single head – dome:



Suitable for massaging all parts of the body, provides a more concentrated application.

### Tri-head – dome:



Simulating multi point massage head for shoulders and legs, feet, for stress relief and relaxation etc.

## Attachment / removal of massage nodes:

The massage heads attach to the output shaft via a screw threaded fixing. Simply align the required massage node socket with the output shaft and rotate clockwise to screw the head in place, ensure secure but do not over tighten to avoid damage or later difficulty removing.

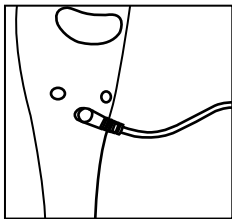
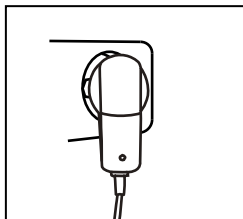
To remove, simply grasp the massage node with one hand whilst holding the massager body with the other and rotate anticlockwise to unscrew and loosen off.

**WARNING:** To avoid personal injury, never attempt attachment or removal when the massager is in operation.

## Charging the massager:

For best results charge the massager before use.

1. Insert the small plug end of the power adaptor into the charging socket of the massager.
2. Plug the adaptor CHARGER into an electrical outlet.



3. The LED light on the charger will illuminate red when the battery is charging. The light will change to green when charging is complete.

**WARNING:** The massager should not be used while it is charging.

## How to use the massager:

The massager is powered by a built-in (non-replaceable) lithium-ion battery. When the product is charging, it cannot be used. The massager is pre-programmed to provide a run duration of 20 minutes from the time of switch on, once 20 minutes is reached it will automatically switch off. If additional run time is required simply press the power button to resume operation.

## Massage locations:



Back



Shoulder



Arm



Thigh



Calf



Foot

## **Power Button**

Press the power button to turn on or turn off the product.

### **[+]**

Press the [+] button to increase the vibration speed (5 optional speed levels).

### **[-]**

Press the [-] button to decrease the vibration speed.

## **Mode Button**

Press the mode selection button to activate automatic massage program (5 optional programs).

Mode 1: Constant

Mode 2: Short pulse

Mode 3: Medium pulse

Mode 4: Fast pulse

Mode 5: Long pulse

When first powered on (using the Power button), the unit will default to Mode 1. Push the mode button once to step through Modes 1 - 5, and the operating cycle will commence. At any time you can push the mode button to cycle through the different modes 1 – 5.

## Troubleshooting

Problem	Solution
The product does not work.	The battery may be flat. Connect the charger as detailed and allow to fully charge until the charger light goes green.
	The charger may be connected to the mains supply, but the wall switch may be off or the charge lead has not been fully inserted correctly. Check connections and supply and allow to fully charge before use.
The product stops working during use.	The product has overheated because of excessive use or due to overload conditions. Allow to cool for at least 2 hours. Connect to charger and allow battery to fully charge before further use.
	The power button may have been inadvertently pressed. Push again to restart the product.
The massage switches off automatically after running for a set period.	The massager has been pre-programmed to provide a run duration of 20 minutes and will automatically switch off. If further operation time is required simply press the power button to recommence.
	The battery may be flat. Connect the charger as detailed and allow to fully charge until the charger light goes green.

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## Warranty

We pride ourselves on producing a range of quality home appliances that are both packed with features, and completely reliable. We are so confident in our products, we pack them up with a 1 year warranty.

Now you too can relax knowing that you are covered.

Customer Helpline NZ: 0800 422 274

This product is covered by a 1 year warranty when  
Accompanied by proof of purchase.

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